

Healthcare Resources



[A Child in Pain: What Health Professionals Can Do to Help](#) *by: Leora Kuttner* - A central theme in this book is the examination of children's fears and anxieties that accompany their need for pain relief, and the communication skills and words that can help calm these fears. It addresses clinical practice in three domains of pediatric medicine: the physicians' practice, the dental practice, and in the hospital.

[Autism Spectrum Disorder: A Clinical Guide for General Practitioners](#) *by: Vincent Mark Durand* - This book provides background on ASD and outlines decision points that help clarify when a clinician has the requisite skills to help and when a referral is needed to someone with more specialized training. It breaks down the types of specialized assistance to which a clinician might refer someone.

[Guide to Learning Disabilities for Primary Care: How to Screen, Identify, Manage, and Advocate for Children with Learning Disabilities](#) *by: Larry B. Silver* - This all-new clinical resource is purpose-built to help primary caregivers take a lead role in the diagnosis, evaluation, and management of children with learning disabilities.

[Handbook of Medical Play Therapy and Child Life](#) *by: Lawrence C. Rubin* - This book brings together the voices and clinical experiences of dedicated clinical practitioners in the fields of play therapy and child life. This volume offers fresh insights and up to date research in the use of play with children, adolescents, and families in medical and healthcare settings.

[Health Care and the Autism Spectrum: A Guide for Health Professionals, Parents and Carers](#) *by: Alison Morton-Cooper* - Health Care and the Autism Spectrum is a ground-breaking volume that addresses the ethical issues as well as the practical challenges that everyone involved has to deal with.

[Health, Safety, and Nutrition for the Young Child, 9th Edition](#) *by: Lynn R Marotz* - Written in a clear, concise, and thought-provoking manner, this time-proven book is filled with easy-to-access checklists, guidelines, and lesson plans that no early childhood student or professional should be without.

[Learning Disability Nursing: Modern Day Practice](#) *by: Bob Gates* - The book addresses learning disability nursing from various perspectives, including history and modern-day practice, role in promoting health and well-being, interventions with mental health, addressing profound disability and people with complex needs, care across the lifespan, forensic settings, and the future of learning disability nursing. The book also includes patient perspectives and narratives as well as clinically relevant information linked to NMC and An Bord Altranais competencies.

Meeting Children's Psychosocial Needs Across the Healthcare Continuum by: *Judy A. Rollins (Editor), Rosemary Bolig (Editor), Carmel C. Mahan (Editor)* - New to this second edition is the exploration of family and community issues and the impact on children's psychosocial health and well-being. For, children in all settings continue to need nurturing, predictability, adequate stimulation, interaction, a sense of control, and mastery of their environments.

Navigating the Medical Maze with a Child with Autism Spectrum Disorder by: *Sue Ming & Beth Pletcher* - This comprehensive guide enables parents of children with an autism spectrum disorder (ASD) to play an active and effective role in their child's medical care from diagnosis to early adulthood.

Nursing of Autism Spectrum Disorder: Evidence-Based Integrated Care across the Lifespan by: *Ellen Giarelli EdD RN CRNP* - This volume prepares nurses to recognize the unique challenges of providing evidence-based health care that meets the special needs of ASD patients across lifespan and in multiple practice settings.

Prescription for Success: Supporting Children with Autism Spectrum by: *Jill Hudson* - Designed to help make the medical experience easier for all involved, this book presents information on ASD, the varying developmental levels, interventions, and assessments that medical staff, parents, educators, and key service providers can use to more effectively interact with and support children with ASD while in the medical setting. A CD at the back of the book includes forms and worksheets that can be printed and duplicated.

Redesigning Health Care for Children with Disabilities by: *Heidi Feldman* - Filling a critical gap in professional education, this groundbreaking textbook and training tool presents a comprehensive, interdisciplinary framework for delivering effective health care to children with disabilities and chronic illnesses. It gives professionals a big-picture blueprint for improving the lives of children with disabilities and helping them participate fully in family and community life. Dr. Feldman relates powerful stories from her 30+ years of experience working with children with disabilities and their families. Readers will get invaluable insights on successful programs, best practices, family concerns and experiences, professional preparation, and more.

Sibshops: Workshops for Siblings of Children with Special Needs, Revised Edition by: *Donald J. Meyer* - Sibshop programs provide opportunities for brothers and sisters of children with special needs to obtain peer support and education within a highly recreational context. Sibshops is filled with straightforward instructions, photocopiable forms, more than 100 fun games and activities, and sage guidance on how to start, fund, and run a Sibshop.

Children's Books About Healthcare, Hospitals and Doctors

Curious George Goes to the Hospital by: *H.A. Rey* - A curious monkey goes to the hospital after swallowing a piece of jigsaw puzzle.

Do I Have to Go to the Hospital?: A First Look at Going To the Hospital (A First Look at...Series) by: *Pat Thomas* - Books in the popular and growing A First Look At series speak directly to preschool and early-grades kids, encouraging them to explore their feelings and talk to trusted elders about things that bother them. These titles also give them a start in developing basic social skills, as well as explain things that might otherwise make kids anxious. The books are filled with child-friendly color illustrations and easy-to-understand text. This reassuring book helps kids understand that sometimes, when they are sick, it is best that they go to a hospital. They can make new friends, have visitors, get special care from doctors and nurses--and best of all, get well again.

Franklin Goes to the Hospital by: *Paulette Bourgeois*- Franklin's shell has cracked, and he needs to be a brave turtle when it's time to go to the hospital.

Going to the Hospital (Usborne First Experiences) by: *Anne Civardi* - Colorful new editions of a timeless series designed to introduce young children to unfamiliar situations in an amusing and friendly way. Each title features Stephen Cartwright's delightful illustrations, providing lots to look at and talk about. An ideal starting point for young children and adults to discuss first experiences.

How Do Dinosaurs Get Well Soon? By: *Jane Yolen* - Describes what a young dinosaur should do to quickly get over being sick.

I am Going to the Hospital to Have Surgery by: *Heather McKay* -One of the sources of childhood anxiety is the unknown. Positively Prepared stories prepare the child for what to expect when going through a medical procedure. This story explains what will happen before during, and after surgery.

Joey Goes to the Dentist by: *Candace Vittorini* - Joey has Asperger Syndrome which makes him particularly sensitive to the physical sensations and the invasion of personal space that a trip to the dentist always involves. However, Joey has strategies that help him and other children to cope.

Websites

Developmental Surveillance Resources for Healthcare Providers

<https://www.cdc.gov/ncbddd/actearly/hcp/index.html>

For the healthcare provider – This website contains free materials for use in the office and to hand out to families.

CDC Act Early

<https://www.cdc.gov/ncbddd/actearly/>

From birth to 5 years, your child should reach milestones in how he plays, learns, speaks, acts and moves. Track your child's development and act early if you have a concern. Includes free caregiver materials and a free Milestone Tracker App for families. Available for free on iOS and Android devices in English and Spanish!

Milestones Matter for Families!

<https://youtu.be/S-OQXmjY53o>

In this video, parents of young children share their personal experiences of using CDC's "Learn the Signs. Act Early" tools and resources to learn about child development, recognize the milestones their child should be reaching, and guide them about what to do if they ever become concerned.

Learn the Signs. Act Early. One Doctor's Story

<https://youtu.be/AQ59WHTenlo>

Hear one doctor's story of how her practice uses CDC's free parent-friendly "Learn the Signs. Act Early." resources to assist with developmental surveillance and help families learn the signs of healthy child development.

Easterseals' Make the First Five Count

<https://www.easterseals.com/mtffc/>

Easterseals offers a free, comprehensive and confidential online screening tool to help guide and keep track of a child's growth and development during these first five years. Children develop skills and reach milestones at their own pace. Ages & Stages Questionnaires® (ASQ®) provides reliable, accurate developmental and social-emotional screening for children between birth and age 6.