

# Water Safety Resource List



These sites have full water safety curricula, trainings, and educational materials for parents, teachers, and aquatic professionals. In addition, they have apps and videos geared toward younger children. All these resources are FREE. They are a wealth of information so please check them out along with all the other safety resources provided in POAC's Safety Section.



<https://www.stopdrowningnow.org>

Stop Drowning Now (SDN) was founded by a group of educators who believe that drowning can be prevented. We believe that awareness, skills, knowledge, and practice can help parents and kids realize the risks they face, learn how to protect themselves, and react effectively if an emergency happens.

<https://www.poolsafely.gov>

*Pool Safely: Simple Steps to Save Lives*, is a national public education campaign to reduce childhood drownings, submersion injuries, and entrapments. The campaign is a call-to-action for consumers and industry to adopt proven water safety steps and join a national conversation about pool and spa safety by sharing best practices and other life-saving information.

<https://www.ymca.org>

As "America's swim instructor," the YMCA teaches children of all ages and from all backgrounds that water should be fun, not feared, if you know how to stay safe in and around water.

If you are interested in finding a swim instructor for your child, contacting your local YMCA is a great first step. In New Jersey a great way to find a swim instructor for individuals with autism is to ask the question on POAC's online support group the NJ Autism Warriors found on Facebook.